

Do you have what it takes to engage Indigenous people?

Books:

Working Together: Aboriginal and Torres Strait Islander Mental Health & Wellbeing principles and practice (2014) by Schultz, C., Walker, R., Bessarab, D., McMillan, F., MacLeod, J., and Marriott, R.
[http://aboriginal.telethonkids.org.au/kulunga-research-network/working-together-2nd-edition-\(1\)/](http://aboriginal.telethonkids.org.au/kulunga-research-network/working-together-2nd-edition-(1)/)

- Chapter 13 *Interdisciplinary Care to Enhance Mental Health and Social and Emotional Wellbeing*
- Chapter 15 *Communicating and Engaging with Diverse Communities*

Website:

Menzies School of Health Research – Mental Health and Wellbeing Resources
<http://www.menzies.edu.au/page/Resources/>

Journals:

Westerman, T. (2004) *Engagement of Indigenous clients in mental health services: What role do cultural differences play?* Australian e-Journal for the Advancement of Mental Health Vol 3, Issue 3, ISSN: 1446-7984
<http://www.tandfonline.com/doi/abs/10.5172/jamh.3.3.88?journalCode=ramh19>

Dingwall, K.M., Lindeman, M.A. and Cairney, S. (2014) *You've got to make it relevant: barriers and ways forward for assessing cognition in Aboriginal clients* at
<https://bmcpscychology.biomedcentral.com/articles/10.1186/2050-7283-2-13> accessed 21/12/16

Johanson, R.P. and Hill, P. (2011) *Indigenous health: A role for private general practice*. Australian Family Physician. Volume 40. No. 1. January/February
<http://www.racgp.org.au/afp/2011/januaryfebruary/indigenous-health/>

Abbott, P., Dave, D., Gordon, E. & Reath, J. (2014) *What do GPs need to work more effectively with Aboriginal patients? Views of Aboriginal cultural mentors and health workers*. Australian Family Physician. Volume 43, No. 1 January/February
<http://www.racgp.org.au/afp/2014/januaryfebruary/aboriginal-cultural-mentors/>

Assessment Tools:

National guide to a preventive health assessment for Aboriginal and Torres Strait Islander people. 2nd Ed <http://www.racgp.org.au/your-practice/guidelines/national-guide/>

Training:

The Royal Australian and New Zealand College of Psychiatrists has e-learning modules, for supporting health professionals in improving knowledge and understanding of Aboriginal and Torres Strait Islander mental health care to achieve better outcomes. These are available at <https://www.ranzcp.org/home>

- *Module 1: Interviewing an Aboriginal or Torres Strait Islander patient*
Engagement and communication with Aboriginal and Torres Strait Islander peoples in a culturally appropriate and safe way.
- *Module 2: Developing a mental health management plan for an Aboriginal or Torres Strait Islander patient*
Importance of collaboration in the development of a culturally appropriate and suitable management plan for Aboriginal and Torres Strait Islander peoples.
- *Module 3: Formulation of a case involving an Aboriginal or Torres Strait Islander patient*
The important factors and information to consider when formulating a case involving an Aboriginal or Torres Strait Islander patient.
- *Module 4: Review a model of mental health service delivery in an Aboriginal or Torres Strait Islander community*
Understanding the barriers to accessing mental health service delivery along with strategies to improve access for Aboriginal and Torres Strait Islander peoples.